Cornell Cooperative Extension Oneida County





Mary Beth McEwen Executive Director

I am excited to share the Cornell Cooperative Extension Oneida County (CCE Oneida County) 2024 annual report with our fellow community members and partners. The CCE Oneida County staff are unsurpassed in their commitment to offer relevant programming and bring research-based information to the people we serve. Their dedication and enthusiasm to share their expertise in the fields of agriculture, horticulture, nutrition, energy, youth development, childcare, parenting, urban renewal, and agricultural economic development is truly inspiring. At CCE we are all dedicated to empowering, encouraging, and equipping our community to cultivate a future of wellness, innovation, excitement, and growth.

The following pages of photos demonstrate ways CCE touches thousands of lives each year. Each day we strive to meet the emerging needs of our constituents. A few examples of this include: working with Oneida County Soil & Water and creating a new 4H Pond and Stream Safari program that brings youth back outside and into nature to teach them about our aquatic resources and highlight the importance of maintaining and protecting our water resources; working with Oneida County Government to provide guidance and resources to expand existing child care and create new child care options in the County; creating opportunities for regional farmers to reach new consumers and facilitating direct to consumer sales; promoting farm safety through manure management and gas safety programs; offering a variety of programming in local schools on topics such as nutrition, agriculture and dairy, energy, and social and emotional skills. At CCE we strive for excellence and relevance in our programming and will continue to work diligently to bring education and economic development to our region.

This calendar features some programmatic highlights from 2024, but it is impossible to share all that we do in just a few pages. We offer hundreds of programs each year reaching tens of thousands of participants. We use a variety of synchronous, asynchronous, and blended learning methods to deliver programming. We host in-person trainings, farm tours, classroom visits, zoom events, and record YouTube videos to name a few. At CCE Oneida our goal is to make it convenient for people to participate in our programs and events and throughout 2025 we will continue to look for innovative ways to accommodate the needs of the community.

As 2024 comes to a close and we welcome 2025, I would once again like to thank our constituents, community partners, the Oneida County Executive, and the Oneida County Board of Legislators for their continued support. Finally, I would be remiss if I did not close by thanking the entire staff at Cornell Cooperative Extension Oneida County, our Board of Directors, and our wonderful volunteers for a job well done! Guided by a drive for service, compassion, and respect for one another and all members of society their dedication is unparalleled!

Best wishes for a wonderful 2025!
Mary Beth McEwen
Executive Director
Cornell Cooperative Extension Oneida County

Cornell Cooperative Extension Oneida County



Management TEAM

Mary Beth McEwen, Executive Director
Carol Watkins, Health & Nutrition Issue Leader
Richelle Singer, Family Development Issue Leader
Celeste Oppito, Agriculture Senior Team Leader
Lisa Farney, Youth Dev. Program Leader
Bonnie Backman, SBN Finance Lead
Lori North, Director of Operations/SBN HR LEAD
Roberta Oram, SBN IT Lead
John Adams, Energy Team Co-Leader
Brittany Amore, Energy Team Co-Leader
Terri Harrison, Office Manager

Cornell Cooperative Extension Oneida County



DIRECTORS

Suzanne Carvelli, President Anna Weeks, Vice President Aimee MacLagger, Secretary Dick Presky, Treasurer Cathy Cucharale, At-Large Rosanne Loparco, At-Large Dennis Osborne Ill, At-Large Wally Ramsey, At-Large Howard Regner, At-Large Paul Sears, At-Large Debbie Spinella, At-Large Hollie Wollanski, At-Large George Joseph, Appointed Legislative Representative Danielle Hautaniemi, State **Extension Specialist**

Our Mission

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.



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Cornell Cooperative Extension
Smart Energy Choices — Mohawk Valley

Mohawk
Valley
Region Montgomery

Otsego

The Mohawk Valley Energy Hub Team covers
6 counties in the Mohawk Valley and has
visited over 75 community events this past
year to help educate the public on what types
of energy help are available to them.

CCE's Mohawk Valley Energy Advisors help guide residents through the process of making homes safer, more comfortable and more energy efficient by connecting them to resources, tools, and programs available in their community.

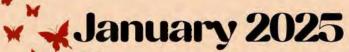
Free, one-on-one appointments are now available to discuss your energy options. Open to residents regardless of homeowner/renter status—especially households with limited resources who are facing higher energy costs including; multifamily building owners, small businesses, and non-profit organizations.



Meet Our Energy Team (left to right)
Nathan, Juliet, Dan, Josephine, John, Peter, Brittany, & Lucas

Visit the Energy website





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Cornell Cooperative Extension
Smart Energy Choices — Mohawk Valley

Oneida County Public Market

Energy Staff attends conference in Albany









Forestport Elementary School



Little Falls Garlic Festival



Upcoming Events



February 2025

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Indoor Markets



Outdoor Markets





22 Students in the 4-H government program were matched with local officials and discovered first-hand how government works. Guest speakers, seminars, legislative meetings, committee meetings, public hearings, group projects, and field trips provided students with insight into the legislative process.

Partner Expo in Rome





March 2025

School	
ENRICHMENT!	

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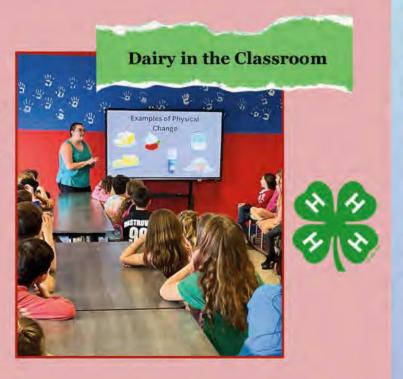


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Through CCE's 4-H program, our Dairy in the Classroom (DITC) educator, Whitney Semans, reached 6,262 Oneida County students this past year through classroom visits (mostly grades 1st-5th), summer programs, and at the Boonville-Oneida County and NY State Fairs. Eight school districts in Oneida County welcomed our DITC educator this past year.

Most popular lessons included:

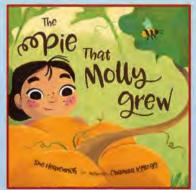
- · Cheesemaking
- · The Efficient Recycler
- · Ice Cream Making.



Ag Literacy Week March 2024

In this yearly celebration of New York agriculture, 2344 Oneida county elementary students heard the story "I Love Strawberries!" from volunteer readers last March.

Farmers, FFA, 4-H members, and agribusiness workers engaged students in a paired hands-on activity related to the book to extend Ag learning.



Ag Literacy Week March 17-21, 2025

Join Molly on the journey of bringing a pumpkin from seed to harvest to homemade pumpkin pie. All from the seed that Molly sowed.



School ENRICHMENT!

Cornell Cooperative Extension Oneida County 530, 4th and 5th grade students from schools around Oneida County learned about life on a dairy farm at the 2024 Farm Fest Friday, May 31st hosted by Cornell Cooperative Extension of Oneida County and DiNitto Farms in Marcy.

April 2025

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(above)Red CCE shirts show a sea of CCE staff and volunteers on hand to work the 2024 Farm Fest. (right) Students enjoy a free Chobani yogurt treat and then head into the milking parlor to see how the cows get milked.

Farm Fest, the annual outdoor event featured farm tours and Cooperative Extension programs; including Agriculture, 4-H, Nutrition, Child Care Council, Energy, Ag Economic Development, Horticulture, and more. Also represented were The Mid-York Beekeepers, Madison County Sheriff K-9 unit, Oneida County Soil and Water, Chobani Yogurt, Meet the Veterinarian, and more. Students learned how to make butter, how maple syrup and honey are made, played games, took a hayride, and visited the barns and milking parlor all while learning how much work goes into running and maintaining a dairy farm.



2024 AGRICULTURE EVENTS

Apple Grafting Workshop
Master Food Preserver
Manure Safety Training
Farm Fest (4-H event)
Crop Congress
Grain Marketing & On-Farm Storage
DEC Pesticide Review
Mental Health First Aid Training
RBDG Workshops
Beef Month

(Events totaled 400 attendees)



Cornell Cooperative Extension of Oneida County's Ag Team serves hundreds of farmers and agribusinesses throughout the year with Cornell University information and education on soil and crops, livestock and feed, farm bookkeeping, business planning, and safety. From soil sampling, and disease and pest scouting to technical assistance, CCE's Ag Team offers the guidance farmers need. Discussion groups and Twilight Tours hosted by local farms in the county, keep an open dialogue with farmers changing needs. In addition to the Farm Flash, which is mailed monthly, the CCE Ag Dept. sends 450 emails to update farmers on the latest Ag news.



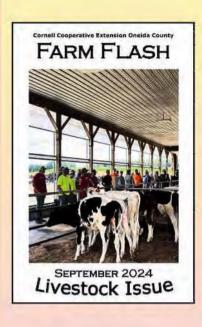




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Cornell Cooperative
Extension Oneida
County along with
New York Center for
Ag Medicine and
Health (NYCAMH)
held a manure
management and gas
safety seminar (Farm
Safe Seminar)
August 2024 at
Collins Farm in
Rome, N.Y.





Use the QR code
to get the most up
to date farm
news. Read
Farm Flash
Online



Farm Flash is mailed to 672 farms and agri-businesses each month.







OPEN TO GRADES

K-12!

JUDGING CATEGORIES: 4-6TH 7-9TH

10TH - 12TH

DRAW AND WIN!





Grades 7-9



National Farm to School Network

increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.

Photo above: Amanda Vinci, CCE Ag Team, gives children a chance to try pears at Jefferson Elementary School.



Cornell Cooperative Extension Oneida County

Grades 10-12



What we do and who we serve.

Farm Business

Amish
Farm Visits
Beginning Farmers
Bookkeeping
Safety
Succession Planning
Marketing
Technical Assistance

Dairy/Livestock

Beef Month
Twilight Tours
Discussion Groups
(Large Herd, Young Farmer, Beef)
Technical Assistance

Soil, Crops, and Land Use

Soil Sampling
Farm Visits
Crop Congress
IPM – Disease and Pest ID
Technical Assistance





SAUQUOIT, N.Y. — Oneida County Cooperative Extension's Agricultural Team hosted 2024 Twilight Farm Tours. The last in a series of four on-farm events was hosted by Carter Collins of Valley View Ag, L.L.C in Sauquoit. Sarah Welsh from the New York Center for Ag Medicine and Health (NYCAMH) in Cooperstown, NY, used a "dummy" to show the impact of someone being entangled in an operating tractor power take-off (PTO). She also demonstrated the importance of rollover protection (ROPs) on tractors to save lives.





Oneida County

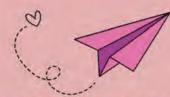
This past year, 30 MGVs were actively enrolled in the program. MGVs clocked in 1.514 volunteer hours, as special speakers at clubs, teaching classes, tabling at events and working in the Parker F. Scripture Gardens.

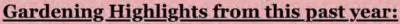
Garden renovations continue this year and included a new wooden table and benches built by the **Adirondack High School Carpentry** class. The table was added to the pergola, along with a new white vinyl flower planter.

GARDEN
PROJECTS
And Helpers

June 2025

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- · Spring "Garden Fever" classes-two sessions
- 633 Home and Garden calls/inquiries
- · Hands-on yoga and classes in the gardens
- · Ongoing Parker F. Scripture Garden Renovations
- Summer butterfly release in the Butterfly House
- All-America Selections Garden: MGV's and Child Care Council participated in the "Film a Tour" Landscape Challenge and received an "Honorable Mention".



MVCC students and instructors Parker F. Scripture Botanical Gardens

Fall 2024, MVCC
Utica students
construction class,
along with their
instructors, got
experience
installing concrete
pads and sidewalks
in our gardens.
They received
hands on education

THANK YOU
MVCC UTICA!

and CCE acquired some beautiful walkways.





Scan to Read
Cornell
Garden
Fact Sheets
Online

Oneida County 4-H











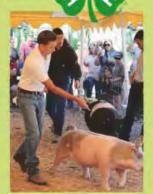














2024





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Ag Team member, Marylynn Collins helping SNAP-Ed Nutritionist, Jamie Bacher, mix a healthy smoothie, and having a good laugh!

Fun at the Fair!



Cornell Cooperative Extension's 4-H program continues to reach thousands of children and adults each year through 4-H clubs, Ag in the Classroom, Dairy in the Classroom, Conservation Ed Days, the annual Farm Fest, the county and state fairs and other special classes and programs. 459 Oneida County elementary students visited the CCE building and gardens through our "Touring Teacher" field trips.



4-H Horse Program



August 2025

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Oneida County
4-H Members
have items on
display in the
4-H building
at the NYS Fair.
Judges award
ribbons for the
projects.



CCE's Child Care Council supports high-quality child care in Herkimer, Madison, and Oneida Counties



have opened, creating 40 openings for children in Oneida County with more openings coming soon.



Photo: Child Care Council Staff-Halloween 2024

Cornell Cooperative Extension Oneida County



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Children Love the CCE Music Garden



30

29





Photos: Left and Middle: Marian Brigham and Lindsey Behr bring their social emotional lessons to children through summer programs and kindness lessons and Yoga exercises. Right: Each year CCE's Child Care Council brings Santa, the dog therapy program and fun presents to the Thea Bowman children.

Library Connection

In 2024, 21 library connection sessions provided portable parenting education and resources to 156 caregivers.

This project connects with families at local library story-times and events.

The Library Connection has worked closely with the Mid-York Library system, which covers the same 3 Counties as the Child Care Council. Through this project, the Child Care Council has had a presence at 10 libraries and 1 nonlibrary facility.

The project began as a collaboration with Kim Kopko, Director of The Parenting Project: Healthy Children, **Families & Communities** at Cornell University and the Child Care Council.



Above: Child Care Council's Courtney Jones rubs elbows with the Boonville Fair VIP

Below: Child Care Council's, Marina Bridgham and McKenna Clark, visit with parents and children at the Oneida County fair over a fun make and take table for the kids.



Cornell Cooperative Extension Oneida County





CCE's Child Care Council. Master Gardener Volunteers participated in the statewide Cornell **Vegetable Varieties** for Gardeners citizen science project. Cultural Roots of Eastern Europe was the theme. Other partners included, Arc of Oneida-Lewis Counties who assembled and installed 4 new metal garden beds. (see photos to the left) Funding of renovations in the vegetable garden were made from a \$3000 Whole Kids foundation grant. The money spent also included the purchase of an accessible wooden garden table.



Above: Child Care Council's Tatum Richardson hands out Busy Bags for the kids. Below: Rome residents came out to get some much-needed help after a July tornado.





CCE Child Care Council staff joined with Connected Community Schools, Oneida County Dept. of Family and Community Services, the Willow Network, the Rome Fire Dept. and local law enforcement on Saturday, Oct. 12th, 2024 at Strough Middle School in Rome for SIDS Awareness Month



Cornell Cooperative Extension Oneida County

CCE's Child
Care Council
hosted a
School's Out
Program in
the beautiful
Parker F.
Scripture
Gardens this
past summer.





CCE SNAP-Ed Nutrition staff reports a successful 2nd year working with the New York Food for New York Families Grant

Farm to Housing Season 2 of Grant

\$5,096 total value of produce 392 households received NY Produce 10 low-income housing sites in Oneida County

Local Farm's Produce

West End Farms Kingfisher Farms



Colonial I&II Madison Plaza Dewitt Clinton Liberty Garden

Housing Sites

Utica
Link at Sunset
Starting Line
Gillmore Village

Camden

Millstream Manor Camden Apts

Above: Kristen Obreza (center) and Rachael Krawiec (to her left), SNAP-

Ed educators, share a nutrition and cooking lesson with local seniors.

(2 Photos to the right:) Show some of the produce giveaways that took place for the Farm to Housing Grant.

Cornell Cooperative Extension Oneida County







Snap-Ed Putrition

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Scan to Get Amazing SNAP-ED Recipes Online



SNAP-Ed educator, Leah McCaskey, uses a My-Plate to teach elementary school children how to properly fill their plates.



In June 2024, The MVPC Mile is born, on the campus of Mohawk Valley Psychiatric Center (MVPC) in Utica. SNAP-Ed, in partnership with MVPC's Corner Rehabilitation and Recovery Center Program, mapped out the route, had signs printed by a local printing company, and worked with MVPC to install the signs. The signs included the mental and physical benefits of moving more. The MVPC Mile was launched in July with over 40 staff-client participants joining in a kick-off walk. SNAP-Ed continues to provide direct education to the Corner program and has incorporated walks with the participants as part of the ongoing nutrition classes. MVPC staff report using the mile for employee wellness.

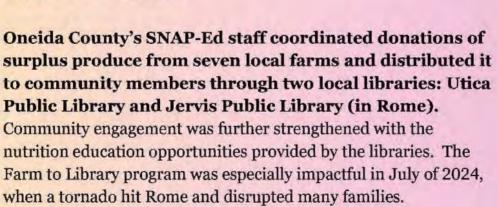
CCE's SNAP-Ed, Nutrition and Eat Well Play Hard (EWPH) Programs

- Staff hosted 146 in-person adult education sessions reaching 725 adults.
- 7,623 youth participated in lessons on good nutrition through 1,103 inperson youth education sessions.
- Through grocery store tours and Farmer's Market demonstrations. Educators visited 28 Farmer's Markets and reached 791 participants.
- More Farmer's Markets are now accepting SNAP/EBT. The Vienna
 Farmer's Market got on board this year and CCE SNAP-Ed educators brought
 nutrition education to this market.



Farm to Library

Central Region SNAP-Ed NY partnered with Upstate Family Health Center (UFHC) with grant funding provided through Forward Leading IPA (FLIPA) to implement a six-month food education and healthy eating program. The program consisted of three interventions including grocery store tours, virtual nutrition classes with food demonstrations, and food box delivery with food items provided to make SNAP-Ed recipes.





Cornell Cooperative Extension Oneida County



MARKET

Free kids' Farm Market at Columbus Elementary

Snap-Edition

This exciting nutrition educational experience included:



- A 6-week nutrition series by SNAP-Ed educators.
- Included lessons from Farm to Plate.
- · Recipe and storage information for produce.
- A food demonstration and tasting.
- Local grower, West End Farms, provided fresh produce for the kids' farm market experience.
- 87 fourth-grade students shopped for fresh produce to take home to their families.
- Market Sprouts featured cabbage, apples, corn, honey nut squash, butternut squash, string beans, and bell peppers.







The smiles say it all! These children loved shopping at Market Sprouts and the CCE SNAP-Ed staff loved setting up the experience for them!

Ag Economic Development

What Ag Economic Development Includes

Oneida County Public Market

Utica Train Station

May-Dec every Saturday 9a-1p

Jan-April every other Saturday 9a-1p





Cornell Cooperative Extension Oneida County

Upstate/Downstate

Food System Specialist

2024 EVENTS

Farmland Protection NY Food Days F2S Poster Contest Taste of CNY

The Annual Taste of CNY was held on Saturday, November 2nd, 2024 at **North Star Orchards** Greenhouses in Westmoreland. The event featured 16 vendors along with apple and cider tastings. Over 600 people attended this yearly event. hosted by Cornell **Cooperative Extension of** Oneida County. Visitors enjoyed tasting products before making their purchases. TASTE of CNY has become a **Yearly Event!**

Grants

Farm to School
SARE
Farmers Market Promotion Program
Farmers Market Resiliency Grant

LFPP Meat Processing





November 2024

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Ag Economic Development



CCE Oneida County and Upstate Growers and Packers in Clinton was part of a larger effort involving 1200 produce filled boxes being given out to families in Queens, NY. It's all part of **CCE Oneida County's Upstate-Downstate** Program which works to bring upstate produce to downstate markets. Photo left: Myron Thurston (4th from left) works to get local farmer's produce to New York City.

Oriskany: May 9th was New York Food
Day for several local school districts, held in partnership with Cornell Cooperative Extension of Oneida County (CCEOC). Nineteen districts throughout Oneida County served New York State-grown, processed, and produced items for the school lunches.

Menus featured a variety of New York State items including beef, corn, cheddar cheese, sour cream, milk, apples, and Miss Milla's chocolate chip cookies. These items were sourced through various businesses across New York including; Roc Star Ice Cream, Headwater Food Hub, Upstate Niagara Food Cooperative, Inc., Great Lakes Cheese, Milestone Mill, Empire Custom Processing, LLC, and Kilcoyne Farms.

Conservation Ed Days

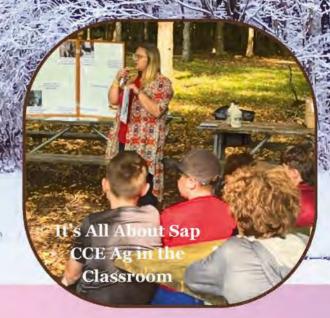


September 2024:
695, six grade students
from Oneida County
schools took part in
Cornell Cooperative
Extension's Annual
Conservation Ed Days,
a 2- day event at Delta
Lake State Park in Rome.
Students had to visit 10 of
15 conservation stations
to complete their
education.

Forestry







Encountering Wild

Animals, NYS DEC



₩ December 2025

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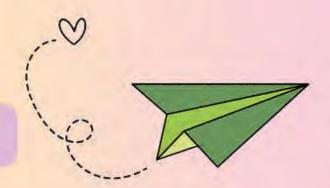


Conservation Ed Days





Financial Support 2024



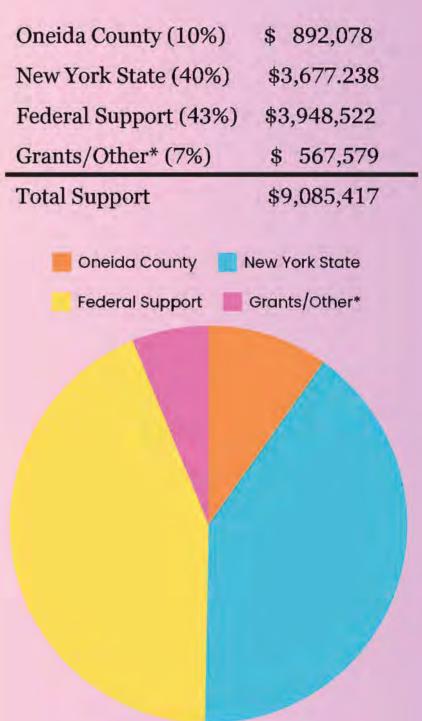
CCE Oneida County's operating budget in 2023 totaled \$8,586,036.

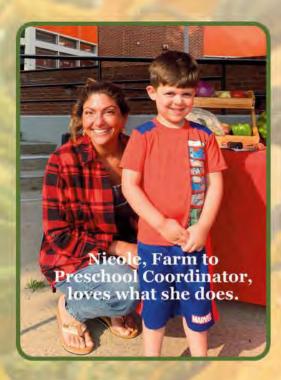
As we come to the close of 2024 the operating budget totals \$9,085,417 reflecting an increase of \$499,381 or a growth of over 5.8%.

*Other income sources include: NYS Department of Agriculture and Markets, NYS Department of Health, Office of Children & Family Services, Office of Temporary & Disability Assistance, NYS Energy Research and Development Authority, U.S. Department of Agriculture, Leatherstocking Shared Business Network, The Community Foundation, and Cornell University.

CCE Oneida County's Program Leads estimated **volunteer hours** to be approximately 2,244 in 2024. The 2024 value of volunteer time was set at \$33.49 per hour making the value of those hours \$75, 152.

Cornell Cooperative Extension Oneida County















2024 Staff December Holiday Party



Cornell Cooperative Extension Oneida County
121 Second Street Oriskany, NY 13424
Phone 315-736-3394





Scan to visit our website cceoneida.com

Reach the Home and Garden hotline by dialing extension 333 or email homeandgarden@cornell.edu

"Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities"

Cornell Cooperative Extension Oneida County